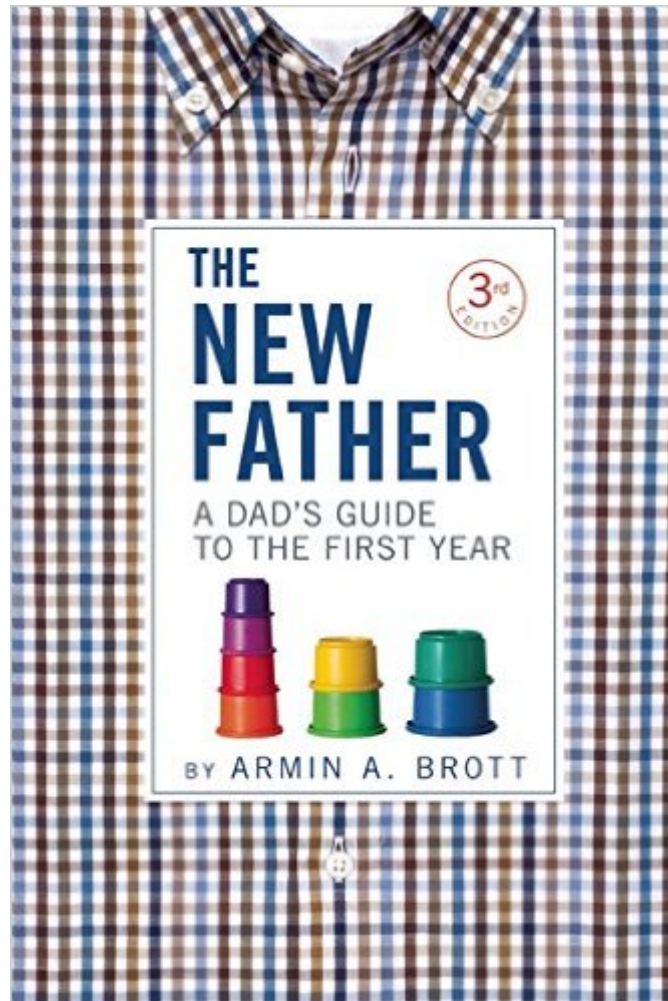


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# The New Father: A Dad's Guide To The First Year (New Father Series)



## Synopsis

An indispensable handbook on all aspects of fatherhood during the first 12 months, by the author of *The Expectant Father*. The essential handbook for all things first-year father is now fully updated and revised. Not only will new dads get a month-by-month guide to their baby's development, men reading *The New Father* will learn how they change, grow, and develop over the first twelve months of fatherhood. In each chapter, Brott focuses on What's Going On with the Baby; What You're Going Through; What's Going On with Your Partner; You and Your Baby; Family Matters; and more. The latest research, as well as time-honored wisdom--and humor, thanks to New Yorker cartoons and Brott's light touch--make *The New Father* indispensable for the modern father who doesn't want to miss a moment of his child's first year. What's new? How technology is changing fatherhood; Changing definitions of fatherhood; Changes in the way society deals with dads; from changing tables in public men's rooms to workplace flexibility; Research proving that a father's love is just as important as a mother's; How being an involved dad rewires a man's brain; How changes in women's roles in the family affect dads and their roles; Special concerns for: young dads, older dads, at-home dads, unmarried dads, dads in same-sex couples, dads in blended families, dads of kids with special needs, and men who became dads with the help of technology; The special impact dads have on girls and boys; Specific strategies dads can use to get and stay involved in their children's lives; Updated resources for new fathers Not to mention new research and information on: How to understand what your baby is telling you; Babies' amazing abilities; Baby massage--they love it! The latest on vaccinations and healthcare; And much, much more

## Book Information

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## Customer Reviews

Finding a book for first-time dads that isn't a bro'd-out, lame joke-book with gags about staring at your partners breasts was staggeringly harder to find than I'd expected. I've read two of Brott's booksâ "this one and it's series predecessor The Expectant Fatherâ "and both are superb, down-to-earth, informed guides to give you calm peace of mind when the newborn arrives. If you actually want to learn and be spoken to like an adult rather than an overgrown child, this is the book (and series) for you.

Super book for my husband a FTD. We loved the pregnancy book in this series and plan to buy the following books as our little one grows up. These books have a great sense of humor and cover important topics that some other books may gloss over due to being too yucky, serious, or being a feminine issue. We just wish there was more of a week by week feature (instead of month) as it's fun to read the chapters as your child grows, but we understand why the book was divided up this way.

I gave this as a gift to my son-in-law in expectation of their first child. It took all I had in me not to put up little flags on all the excellent points, suggestions, and reflections loaded up in this book! It covers everything from understanding the hormonal changes the mother of your child is having to why on earth the baby's poo looks like it does. Covers emotional and physical development of the child from birth all the way through toddler stage. I kind of wish I had this book when I was a young, single mom!!

I purchased this book after reading the first of the series (The Expectant Father). I had never heard of the book until looking at reviews and seeing it was the #1 rated. I enjoyed the first book, so naturally I wanted to continue with the next one (this one), to accompany the first year. I actually borrowed this book from the library at first, and enjoyed it enough to want to purchase it. Sure, you can look online and hundreds of sites for this information and much more, but there are some times I like a tangible book I can hold and read. The thing with this book, is you can't really get ahead of yourself and finish it right away. Well, I guess you could, but unless you remember every detail and

when it applies to your baby, it won't do you any good. Use this book as a tool or a guide and read the corresponding chapter in real time with your baby. Doing so will keep the information fresh in your mind and will be the most beneficial to both you and your child.

Bought this because Armin's first book, *The Expectant Father* was helpful. This book was not. Did not provide much good advice and a lot of the stuff in this book repeats itself and was already stated in *Expectant Father*. Felt like there was a lot of page filling...I recommend instead 'Be Prepared' and 'Happiest Baby on the Block'

I wish that more people would understand the importance of fathers in children's lives. Father's parent differently and those experiences are invaluable for your child. Its a very straight forward book and easy to read.

Being a new parent is difficult and finding information for fathers can be challenging. I found the first book in the series helpful, and this one is also offering solid insight into my child. A great resource for dads.

Bought this for my husband as a father's day gift while I was pregnant. He loved it and really got into it! The book is great - hits on a lot of hot topics and subjects that some people shy away from. It was also right on the money in terms of how I was feeling month to month and what he could expect. :) It definitely helped prepare him for the big day - I would highly recommend it.

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